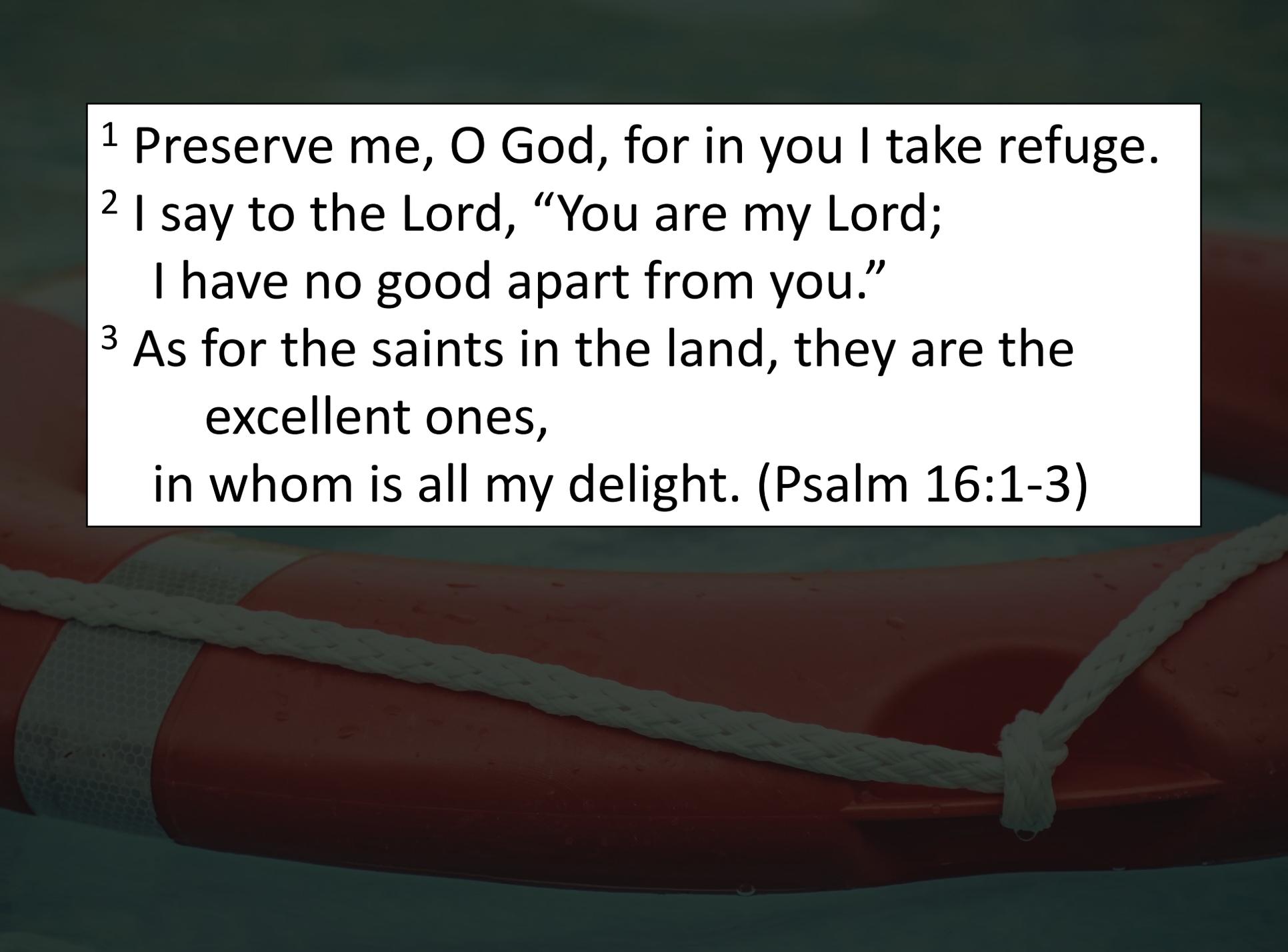


A close-up photograph of a red lifebuoy floating on blue water. The lifebuoy has white rope wrapped around it, and a white mesh band is visible on one side. The word "Encourage" is written in a large, black, serif font across the center of the image.

**Encourage**

<sup>5</sup> Why are you cast down, O my soul,  
and why are you in turmoil within me?  
Hope in God; for I shall again praise him,  
my salvation and my God. (Psalm 42:5)



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- <sup>1</sup> Preserve me, O God, for in you I take refuge.
- <sup>2</sup> I say to the Lord, “You are my Lord;  
I have no good apart from you.”
- <sup>3</sup> As for the saints in the land, they are the  
excellent ones,  
in whom is all my delight. (Psalm 16:1-3)



**Encouragement is a  
work for you**



**Encouragement has a  
spiritual purpose**

A close-up photograph of a red lifebuoy floating on blue water. The lifebuoy has white rope wrapped around it, and a white mesh band is visible. The text "God is the ultimate encourager" is overlaid in a bold, black, serif font with a white outline. The background is a soft-focus view of the water and other lifebuoys.

**God is the ultimate  
encourager**

# Encouragement comes from People

“Go up to the top of Pisgah, and lift your eyes toward the west, the north, the south, and the east; behold it with your eyes, for you shall not cross over this Jordan. But command Joshua, and encourage him and strengthen him; for he shall go over before this people, and he shall cause them to inherit the land which you will see” (Deuteronomy 3:27-28).



# Encouragement comes from People

“Then he set military captains over the people, gathered them together to him in the open square of the city gate, and gave them **encouragement**, saying, "Be strong and courageous; do not be afraid nor dismayed before the king of Assyria, nor before all the multitude that is with him; for there are more with us than with him. With him is an arm of flesh; but with us is the LORD our God, to help us and to fight our battles." And the people were strengthened by the words of Hezekiah king of Judah” (2 Chronicles 32:6-8)



# Encouragement comes from People

“For I want you to know what a great conflict I have for you and those in Laodicea, and for as many as have not seen my face in the flesh, that their hearts may be encouraged, being knit together in love, and attaining to all riches of the full assurance of understanding, to the knowledge of the mystery of God, both of the Father and of Christ. (Colossians 2:1-2).



# Encouragement comes from People

“At the sight of these men Paul thanked God and was **encouraged.**” (Acts 28:15)



# Encouragement comes from People

“We sent Timothy, who is our brother and God's fellow worker in spreading the gospel of Christ, to strengthen and **encourage** you in your faith”

(1 Thess. 3:2)

“I am sending him [Tychicus] to you for this very purpose, that you may know how we are, and that he may **encourage** you.” (Ephesians 6:22)



# Encouragement comes from People

“Let us not give up meeting together, as some are in the habit of doing, but let us **encourage** one another—and all the more as you see the Day approaching.” (Heb. 10:25)



# Encouragement comes from Faithful People

“Your love has given me great joy and **encouragement**, because you, brother, have refreshed the hearts of the saints.”

(Philemon 1:7)



# Encouragement comes from Faithful People

“Therefore, brothers, in all our distress and persecution we were **encouraged** about you because of your faith.” (1 Thess. 3:7)



# Encouragement comes from Faithful People

“I am greatly **encouraged**; in all our troubles my joy knows no bounds... By all this we are **encouraged**.” (2 Cor. 7:4,13)



# Encouragement comes from Caring People

The way we talk (Eph 4:24)



# Encouragement comes from Caring People

The gifts we use (1 Peter 4:8-11)



**Encouragement comes from**  
**Caring People**

**The prayers we pray (Col. 4:12)**



# Encouragement comes from Caring People

The word we share (Acts 20:32)



A red lifebuoy with white rope is floating on blue water. The lifebuoy has a white mesh section and a white rope tied around it. The water is a clear, light blue color. The text is overlaid on the image.

**The Encouraged  
Make the Best**

**Encouragers**

<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, <sup>4</sup> who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. <sup>5</sup> For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too. <sup>6</sup> If we are afflicted, it is for your comfort and salvation; and if we are comforted, it is for your comfort, which you experience when you patiently endure the same sufferings that we suffer. <sup>7</sup> Our hope for you is unshaken, for we know that as you share in our sufferings, you will also share in our comfort. (2 Cor. 1:3-7)